



JUNIOR LIFEGUARD CAMP

Junior Lifeguarding has a strong focus on developing swimming skills to help participants meet the Lifeguarding course prerequisite. The course also introduces participants to lifesaving skills, such as in-water rescues, use of a rescue tube, first aid, and CPR.

Instructor: Eilish Devine & Assistants

Open to: 2nd Grade through 4th Grade (*Blue*)
5th Grade through 9th Grade (*Red*)

Dates: *Session 1:* July 30th - August 3rd
Session 2: August 6th - August 10th

Registration Fee: \$85.00 (Camp, T-shirt, & Whistle)
(Checks made out to Oradell Swim Team)

Time: *Blue:* 8:00 AM - 10:00 AM
Red: 10:00 AM - 12:00 PM



Registration should be handed in by **July 25th** to the OSC office
~ *Limited availability* ~

Parent Name: _____

Phone Number: _____

Parent E-mail: _____

Junior Guard Name: _____

Grade as of Sept 2018: _____

Circle One: Session 1 Session 2

Circle One: Red Group Blue Group

Any Questions Email: coacheilish@gmail.com